BULLINAH ABORIGINAL HEALTH SERVICE
ABORIGINAL CORPORATION
2014 / 2015 ANNUAL REPORT

TABLE OF CONTENTS

About Bullinah Aboriginal Health Service .................................. Page 3
Chairperson’s Report ..................................................................... Page 4
Board of Director’s Profile ............................................................ Page 6
Organisational Chart ...................................................................... Page 8
Chief Executive Officer Report ..................................................... Page 9
Clinical Services Manager Report ................................................. Page 11
Finance ........................................................................................ Page 13
Tackling Smoking & Healthy Lifestyle Report ......................... Page 15
Financial Statements .................................................................... Attached
“Bullinah Aboriginal Health Service is an Aboriginal community controlled primary health care service that has been initiated by the local Aboriginal community to deliver holistic and culturally appropriate health care to people within the Ballina, Byron Bay, Evans Head, Cabbage Tree Island, Wollongbar and surrounding region. The estimated Aboriginal population in Ballina and the adjacent area is 2,500 people of which 40% would be 14 years or younger. It is also estimated that for this region only 6% of the local Aboriginal population are over 55 years old compared with 29% of the entire population.

Bullinah was incorporated on the 6th June 2010 and was independently funded by OATSIH as from 1st October 2010.

Our target population

Bullinah provides a range of health services to:

- Aboriginal people in Ballina and surrounding communities.
- Any non-Aboriginal partners of Aboriginal people, or parents of Aboriginal children.
CHAIRPERSON’S REPORT

It’s a pleasure once again to present the Annual Report for the Bullinah Aboriginal Health Service Aboriginal Corporation for the 2014/2015 financial year.

I would firstly like to acknowledge my fellow Board of Directors who over the past year have been very positive in their approach to ensure Bullinah Aboriginal Health Service is in a progressive manner to meet the health needs of our local Aboriginal Community.

Bullinah has just completed four years as an Independent Aboriginal Community Controlled Health Service and we are now entering a very exciting time as an organisation as our services continue to expand and opportunities for new initiatives arise.

Currently, the biggest challenge for Bullinah Aboriginal Health Service, as we strive to meet the ever increasing need for access to healthcare services, is to have the appropriate infrastructure in place to support the expansion of our range of healthcare services and programs to meet this increasing need. The Board see this as the organisation’s biggest priority and the Board have taken action through the engagement of an experienced consultant to undertake an Infrastructure Scoping Study to identify Bullinah’s long term infrastructure/capital works needs. The consultant will also develop a prospectus that will support Bullinah’s business case as we approach all prospective infrastructure funding sources to acquire funding to address our infrastructure/capital works needs.

As the Chairperson, I would also like to suggest that in the future, the Board should be exploring options to encourage more of our local youth to become involved as Directors of local Aboriginal organisations including Bullinah as these youth will be our future leaders.
I would now like to acknowledge all Bullinah staff for all their wonderful work, commitment, support and assistance throughout the year. Without them having this commitment and a belief in Bullinah Aboriginal Health Service, things would not be where they are today in improving the health status of our local Aboriginal people.

In closing, the Board will continue to work closely with the CEO and the Management Team to steer the organisation through any major changes imposed on us by funding bodies through policy changes as well as the growth that the organisation aspires to achieve as we enhance our service delivery to meet the increasing health needs of the local Aboriginal communities.

Grahame Skinner
Chairperson
BOARD OF DIRECTORS PROFILE

Graham Skinner- Chairperson
I have been involved in Aboriginal Health for 25 years. I have been on a number of State and National Health Committees i.e. Chairperson of the first Aboriginal Health Work Forum in NSW. I have a strong commitment to the implementation of Bullinah Aboriginal Health Service and to see the service grow. Bullinah can only be strong if the local people support the committee and the new direction that Bullinah is taking.

Kylie Jacky – Deputy Chairperson
Kylie is a Bundjalung woman. Kylie’s interests are Aboriginal community governance, social and economic advancement for our people and ensuring our children and young people are afforded the best opportunities for a fulfilling life.

Nita Roberts
I am a proud Bundjalung woman, born at the local hospital in Ballina and raised on Cabbage Tree Island. I have a very rewarding and productive role of working for an Aboriginal Community Controlled Organisation and I am pro-active in education issues for Aboriginal people via the Local Aboriginal Education Consultative Group. This has provided me with a solid foundation base that values our cultural identity, responsibilities and obligations.

Nancy Walke
I am a Bundjalung woman who comes from the first group of people to settle on Cabbage Tree Island. My grandfather was Benjamin Bolt. I have spent many years working in “Health” areas of various kinds and I am passionate about Aboriginal people being able to access as wide a range and type of health service as possible. We have set the basis of a friendly and efficient health service that will grow.
Lenkunyar Hickling - Treasurer

I am Lenkunyar Roberts-Hickling I am a Bundjalung and Gumilaroi Women, I am a very active member of the Cabbage Tree Island and Ballina Community. I am also acknowledged by the community as an active member. I am heavily involved in our local Aboriginal associations/community organisation. Being a part of these organisations we are entrusted to deal with all matters respectfully and I believe I conduct myself and the decisions I make with dignity. I strongly believe whilst holding these positions my community see me as a trust worthy person and I am privileged in gaining respect from my peers and the community as a whole.

Nathan Jacky

Nathan’s a Bundjalung and Dunghutti man, who was raised on Cabbage Tree Island. Nathan’s interest lay in culture, environmental protection and conservation and men’s health and wellbeing.

Dena Moore

I am a Bundjalung woman and I have two daughters aged 8 & 14. As a family we like going to the beach and playing soccer.

I currently work for Ballina Community Health as the Aboriginal Chronic Care worker. I care for Aboriginal Community members from Byron Bay to Evans Head with diabetes, heart conditions, kidney failure or lung diseases like asthma or emphysema. Prior to Health I worked with ATSIC for 11 years in Lismore then Coffs Harbour.

I have a passion for Aboriginal health, and empowering my people to take control of their health and wellbeing. I see Aboriginal health as a holistic approach to care. Where taking care of and looking after you physical, mental, spiritual, cultural, social & emotional wellbeing is one in the same.

As a director of Bullinah Aboriginal health service, I will use my voice to ensure that the patients of Bullinah have a culturally safe environment in which they can receive medical care. I will use my health knowledge and experience to build our service into a clinic that the whole community can be proud of.
The 2014/2015 financial year marked the fourth full year that Bullinah Aboriginal Health Service Aboriginal Corporation has operated as an Independent Aboriginal Community Controlled Health Service. This year we have been able to expand on the provision of high quality integrated comprehensive Primary Health Care to the local Aboriginal communities. We operated our base clinic in Ballina and our two outreach clinics at Cabbage Tree Island and the Ballina Child and Family Centre at West Ballina. We also provide Child and Maternal Health Services from our clinic at 113 Tamar Street, Ballina. All of the above clinics were well supported by various Allied Health staff and Medical Specialists throughout the year.

We have a strong focus on client health assessments which is central to our model of care that works effectively to:-

- Prevent disease;
- Detect early and unrecognised disease;
- Promote health lifestyles;
- Chronic disease care.

Our Regional Tackling Smoking and Healthy Lifestyle Workforce Program operated throughout the year in a very uncertain environment but continued to deliver numerous activities with Aboriginal Medical Services, Schools, Community groups and others across the Northern Rivers Region. The “Solid Mob” brand has been developed a significant profile throughout the region and the team is recognised as one of the leaders in this field of work across the country.

Bullinah Aboriginal Health Service continues to participate as an active member of both our Sectors national and state peak bodies. At the local level we participate in various forums with the other health service provider stakeholders including the NSW Local Health District, the North Coast Medical Local, Aboriginal Medical Services and other agencies.
Bullinah Aboriginal Health Service has finished the 2014/2015 year in a very sound financial position which is evidenced by the Audit Report that is presented to members at the Annual General Meeting.

On a personal note, I have been the CEO of Bullinah Aboriginal Health Service for some five years now and I have seen the service grow over this period of time. I am proud of the development of Bullinah Aboriginal Health Service and more importantly, the provider of quality primary health care for the local Aboriginal community. I have worked closely with other Aboriginal Medical Service CEO’s and senior staff of government departments and other agencies to ensure a strong focus on the health needs of Aboriginal communities in our region.

As the CEO, I am very appreciative of the support received from the Board of Directors and the dedication and passion of all staff associated with Bullinah Aboriginal Health Service during my involvement with the service.

I am very much looking forward to the future challenges as we expand further as an organisation and continue to have a significant influence on improving the health of the local Aboriginal communities.

Mark Moore
Chief Executive Officer
At Bullinah AHS we are committed to continuous improvement which includes reviewing our own services so we can let you know how we have gone over the last year.
CLINICAL SERVICES MANAGER REPORT

Bullinah AHS Clinical Services Report 2014-2015

Financial Improvements

What we have achieved this year 1 July 2014-30 June 2015

- A Senior Aboriginal Health Worker, Team Leader position created to enhance cultural safety at Bullinah AHS.
- We increased GP and Registrar services to 2.5 FTE.
- We increased specialist services provided including Social Worker, Diabetes Nurse, Psychiatrist, Obstetrician and Gynaecologist, Vascular Surgeon, and general physician to add to our existing services.
- Groups held included cooking group, walking group, relaxation group weekly; and Julie Young Challenge healthy lifestyle 10 week program.
- Review of National Key Performance Indicators (nKPI) 6 monthly and continuous improvement process put in place.
- We have increased the measurement of eGFR (Kidney health measure) for clients with Type 11 Diabetes from 68% for 12 month period to 30 June 2014 to 78% in this reporting period. We have increased the measuring for clients with cardiac vascular disease from 65% to 77%. (nKPI)
- We have one staff member enrolled in Certificate 3 and two enrolled for Certificate 4 Primary Health Care scheduled for completion 2016.
- The Practice Manager has commenced a Diploma of Management through North Coast GP training.
- Outreach services were provided to Ballina Child and Family Centre, West Ballina.
- Speech therapy services provided to Cabbage Tree Island Public School.
- Health Kids Check day held October with 28 participants.
- Our Practice Incentive Payments have increased by 92% from the previous reporting period.
- Our Pharmacist was awarded Pharmacist of Year from the Pharmacist Guild of Australia.
- Bullinah Practice Manager awarded Practice Manager of the Year through North Coast GP training.
FINANCE REPORT

Revenue

Bullinah Aboriginal Health Service received major funding from the Department of Health (DoH-Commonwealth Government), NSW Rural Doctors Network (NSW RDN), North Coast General Practice & Training (NCGPT) and the Pharmacy Guild of Australia during 2014/2015.

Department of Health -

- $724 461 for the Primary Health Care Project
- $220 925 for the New Directions - Child & Maternal Health Project
- $1 070 440 for the Tackling Smoking and Healthy Lifestyle Project

The Primary Health Care and New Directions Child & Maternal Health projects were fully expended.

NSW Rural Doctors Network -

Funding from the NSW RDN provides medical specialist’s services for outreach programs; these include a Social Worker, Physician General, Nurse, Health Worker, Diabetes Nurse, Speech Therapist, ENT Specialist and ENT Nurse.

- $90 354

North Coast General Practice Training

NCGPT Aboriginal Health Strategy funding allows Bullinah to support the GP Registrars with education, infrastructure, medical equipment, information technology, supervision and cultural awareness training. This funding is per calendar year and is fully expended for 2015.

- $77 682

Pharmacy Guild of Australia

Provides Bullinah with funding to purchase medications and Webster packs for some patients.

- $32 082

University of Sydney (Minor Grant)

The Smiles not Tears funding, promoting oral hygiene.

- $2 800
Medicare Income (Self Generated)

The Medicare income increased considerably since 2013/2014. Funds expended from this income are staff wages, programs and events, donations, Board Governance expenditure and contributions to the Primary Health Care and Child & Maternal Health Projects.

- $522 172 Medicare benefits
- $317 899 Salary subsidy of GP Registrars
- $102 480 Practice Incentive Payment plus
- $20 629 Nurse Incentive Payment
- $249 441 Management/Administration fees
- $60 369 Other/Sundry income

Other revenue is

- $71 764 Unspent grants carried forward from 2013/2014
- $31 538 Interest received

Total revenue for year = $3 595 036

Expenditure

A summary of the major expenses for the year are

- $98 389 Advertising & Promotion, Programs & Events
- $43 870 Clinical consultants
- $27 398 Cleaning & laundry
- $35 683 Client consumables
- $50 355 Computer expenses including software
- $259 442 Management fees
- $30 300 Motor vehicles running costs
- $131 541 Rent
- $1 801 900 Salaries, Wages & on costs
- $148 775 Social marketing
- $37 046 Travel

Total expenditure for the year = $3 094 125

Overall, Bullinah AHS recorded a net profit of $500 913 which is an increase of $107 101 on 2013/2014. Bullinah is in a very healthy position to continue services to community.

Jill Campbell
Finance Officer
TSHL TEAM – BULLINAH SOLID MOB

It has been another very busy year for SOLIDMOB, Bullinah’s Tackling Smoking and Healthy Lifestyle Team and I’d like to take this opportunity to say a big thankyou to the SOLIDMOB team for their dedication, commitment and pure passion for promoting health and wellbeing for our communities across the Northern Rivers. The team have worked under enormous pressure this year, with a series of short term funding extensions and no long-term certainty but despite this, the team’s commitment did not decrease and the team has again worked really hard to deliver some great programs. I say a heartfelt thank you to the team for their contributions; we’d never be able to do what we do without such a team.

All team members have continued to improve our qualifications and skills this year including both Mook Harrington undertaking a Certificate III in Fitness and Michael Roberts completing a Tobacco Short Course Skill set. Sasha Harrington completed a Diploma of Aboriginal Studies and both Sasha and myself (Coordinator) completed a Certificate IV in Training and Assessments. The whole team have also participated in Tobacco up skillling and professional development sessions.

There are many highlights this year for the SOLIDMOB team, some of which include a wide range of activities such as Surf Days, School education programs, Quit smoking groups, cooking groups, NAIDOC events and much more. Some of our most exciting activities included the launch of our new school education program called the “Amazing Race to Happy” and this very interactive learning experience is not only a fun way to learn but proving very popular with schools. The team delivered the amazing race to 13 schools across the region. Films the SOLIDMOB program made of this activity can be seen on our Facebook page along with the Indigenous Hip Hop tour film made in late 2014. SOLIDMOB also participated in a large regional community youth festival in Evans Head, Crankfest, which featured Sean Choolburra, NAIDOC Youth of the Year 2015 Chris Tamwoy and awesome chef Clayton Donovan. The SOLIDMOB program also worked very closely with AMSs in Ballina, Casino and Grafton and partnered with NSW Health and other organisations to deliver healthy lifestyle community programs in Ballina, Casino, Lismore and Tabulam. The SOLIDMOB team delivered quit smoking groups in Grafton and worked with many different partners on a range of community events and activities. The program again made program polo shirts available to Aboriginal Health Services in Ballina, Casino, Grafton, Lismore and Tweed and all services reported a large increase in health check number as a result. The SOLIDMOB
Facebook page has almost 900 likes and the page showcases positive stories and what’s on activities across the region. Please like our page and see what’s on offer: **Like us on FACEBOOK! [www.facebook.com/solidmob1](http://www.facebook.com/solidmob1)**

This year we also commissioned an evaluation and the **SOLIDMOB** program showed many strengths including delivering activities well in excess of the planned number, strong consultation and strong strategic, community and school partnerships. The evaluation also showed considerable message recall and uptake. As always we welcome any feedback the community would like to provide to us. Please feel free to let us know what you have liked, what you have not and what you would like to see happen for the community in order to support the quit smoking and healthy lifestyle journey.

We would like to thank the Bullinah Board and Staff for their support and we look forward to working closely together in 2016 for good health and strong happy futures.

Best wishes from the Bullinah **SOLIDMOB** Team.
Bullinah Aboriginal Health Service
120 Tamar Street
Ballina NSW 2478
Ph: (02) 6681 5644
Fax: (02) 6681 5912
Email: ceo@bullinahahs.org.au
www.bullinahahs.org.au